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| **Year 1 -6 Sex Education – Jigsaw unit: Changing Me: Summer 2 – 2022****Below is a list of vocabulary that will be discussed at an age appropriate level with the children. The school nurse will support the Year 5/6 teachers when delivering the puberty talk.**  |
| **Year 1 Vocabulary** FemaleVaginaPenisTesticlesVulvaAnusLearnNewGrowChangeExcitedCopingChangesLife cycleBabyAdulthoodAdultGrown upGrowing upMatureMaleFeelingsAnxiousWorried | **Year 3 Vocabulary** ChangesFemale TesticlesSpermPenisOvariesEggOvum/ OvaWomb/ UterusVaginaStereotypesTaskRolesChallengeChangeLooking forwardExcitedNervousAnxiousHappyBirthAnimalsBabiesMotherGrowing upGrowUterusWombNutrientsSurviveLoveAffectionCarePubertyControlPubertyMale | **Year 5 Vocabulary** Growth spurtHormonesRelationshipsConceptionMaking loveSexual intercourseFallopian tubeFertilisationPregnancyEmbryoUmbilical cordContraceptionFertility treatment (IVF)TeenagerMilestoneResponsibilitiesChangeHopeManageCopeOpportunitiesEmotionsFearExcitementAnxiousSelfSelf-imageBody imageSelf-esteemPerceptionCharacteristicsAspectsAffirmationPubertyMenstruationPeriodsSanitary towelsSanitary padsTamponsOvary/ OvariesVaginaOestrogenVulvaWomb/UterusSpermSemenTesticles/TestesErectionEjaculationWet dreamLarynxFacial hair |
| **Year 2 Vocabulary** ChangeVulvaAnusPublicPrivateTouchTextureCuddleHugSqueezeLikeDislikeAcceptableUnacceptableComfortableUncomfortableLooking forwardTimelineFreedomResponsibilitiesHappyExcited NervousGrowLife cycleControlBabyAdultFully grownGrowing upOldYoungRespectAppearancePhysicalToddlerChildTeenagerIndependentMaleFemaleVaginaPenisTesticles | **Year 4 Vocabulary** PersonalSeasonsChangeControlAcceptanceLooking forwardExcitedNervousAnxiousHappyUniqueCharacteristicsParentsFeelingsResponsibilitiesCarersCharacteristicsLanguageMannerismsInfluencePubertyMenstruationPeriodsCircle  | **Year 6 Vocabulary** ExcitementPubic hairVoice breaksMenstruationSemenGrowing tallerHips widenErectionTamponBreastsHormonesWet dreamOvulationMasturbation Sanitary towels ClitorisTesticlesSpermPenisVaginaWombFallopian tubeVulva WorriesAnxietySecondaryJourneySelf-imageSelf-esteemReal selfCelebrityOpportunitiesFreedomsResponsibilitiesPregnancyEmbryoFoetusPlacentaUmbilical cordLabourContractionsCervixMidwifeIndependenceIdentityValuesRelationshipsPressureAdolescentNegative body-talkChoiceChallengeMental healthTransition |