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| **Year 1 -6 Sex Education – Jigsaw unit: Changing Me: Summer 2 – 2022**  **Below is a list of vocabulary that will be discussed at an age appropriate level with the children. The school nurse will support the Year 5/6 teachers when delivering the puberty talk.** | | |
| **Year 1 Vocabulary**  Female  Vagina  Penis  Testicles  Vulva  Anus  Learn  New  Grow  Change  Excited  Coping  Changes  Life cycle  Baby  Adulthood  Adult  Grown up  Growing up  Mature  Male  Feelings  Anxious  Worried | **Year 3 Vocabulary**  Changes  Female  Testicles  Sperm  Penis  Ovaries  Egg  Ovum/ Ova  Womb/ Uterus  Vagina  Stereotypes  Task  Roles  Challenge  Change  Looking forward  Excited  Nervous  Anxious  Happy  Birth  Animals  Babies  Mother  Growing up Grow  Uterus  Womb  Nutrients  Survive  Love  Affection  Care  Puberty  Control  Puberty  Male | **Year 5 Vocabulary**  Growth spurt  Hormones  Relationships  Conception  Making love  Sexual intercourse  Fallopian tube  Fertilisation  Pregnancy  Embryo  Umbilical cord  Contraception  Fertility treatment (IVF)  Teenager  Milestone  Responsibilities  Change  Hope  Manage  Cope  Opportunities  Emotions  Fear  Excitement  Anxious  Self  Self-image  Body image  Self-esteem  Perception  Characteristics  Aspects  Affirmation  Puberty  Menstruation  Periods  Sanitary towels  Sanitary pads  Tampons  Ovary/ Ovaries  Vagina  Oestrogen  Vulva  Womb/Uterus  Sperm  Semen  Testicles/Testes  Erection  Ejaculation  Wet dream  Larynx  Facial hair |
| **Year 2 Vocabulary**  Change  Vulva  Anus  Public  Private  Touch  Texture  Cuddle  Hug  Squeeze  Like  Dislike  Acceptable  Unacceptable  Comfortable  Uncomfortable  Looking forward  Timeline  Freedom  Responsibilities Happy  Excited  Nervous  Grow  Life cycle  Control  Baby  Adult  Fully grown  Growing up  Old  Young  Respect  Appearance  Physical  Toddler  Child  Teenager  Independent  Male  Female  Vagina  Penis  Testicles | **Year 4 Vocabulary**  Personal  Seasons  Change  Control  Acceptance  Looking forward  Excited  Nervous  Anxious  Happy  Unique  Characteristics  Parents  Feelings  Responsibilities  Carers  Characteristics  Language  Mannerisms  Influence  Puberty  Menstruation  Periods  Circle | **Year 6 Vocabulary**  Excitement  Pubic hair  Voice breaks  Menstruation  Semen  Growing taller  Hips widen  Erection  Tampon  Breasts  Hormones  Wet dream  Ovulation  Masturbation  Sanitary towels  Clitoris  Testicles  Sperm  Penis  Vagina  Womb  Fallopian tube  Vulva  Worries  Anxiety  Secondary  Journey  Self-image  Self-esteem  Real self  Celebrity  Opportunities  Freedoms  Responsibilities  Pregnancy  Embryo  Foetus  Placenta  Umbilical cord  Labour  Contractions  Cervix  Midwife  Independence  Identity  Values  Relationships  Pressure  Adolescent  Negative body-talk  Choice  Challenge  Mental health  Transition |